

PRODUCT DESCRIPTION:

Fresh bok choy, bamboo shoots, carrots, celery, cabbage, water chestnuts, and authentic Asian seasonings rolled in a crispy egg roll wrapper

- Fresh vegetables shredded, and egg roll skins made in-house daily
- Easy prep, fry or bake from frozen, or thawed, for an egg roll that is ready in minutes
- Pre-cooked for food safety
- Less on the Label: No High Fructose Corn Syrup, no certified artificial colors, no MSG
- Packed in 6-12 count cartons, 72 egg rolls per case
- Can be served as an appetizer, side dish, or entrée for an Asian-inspired meal, mainline or a la carte
- Serve with one of our MINH® Less Sodium Sauces for dipping



MENU APPLICATIONS:

- Just the right size for snacking, a value added side, or entrées.
- Pre-cooked for food safety

PREP INSTRUCTIONS:

FOR FOOD SAFETY AND QUALITY HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. HEATING INSTRUCTIONS: Heating times may vary due to equipment variances. Instructions based on 12 Egg Rolls. CONVENTIONAL OVEN (425°F/218°C). Cook thawed for 17-18 min. or frozen 25-26 min. Flip product halfway through cooking for even heating. DEEP FRYER: (350°F/177°C) Cook thawed 4-4.5 min. or frozen 8-9 min. MICROWAVE (1100 watts / 1 piece) Cook thawed 35 sec. or frozen 1min 15sec. CONVECTION OVEN: (350°F/177°C) Cook thawed 10-11 min. or frozen 18-19 min. Rotate baking tray halfway through cooking for even heating.

INGREDIENTS:

INGREDIENTS: CABBAGE, ENRICHED FLOUR ([BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CALCIUM PROPIONATE, MALTED BARLEY FLOUR), CELERY, WATER, CARROTS, BOK CHOY, WATER CHESTNUTS, ENRICHED DURUM FLOUR (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BAMBOO SHOOTS, SALT, VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED AND/OR CORN AND/OR CANOLA OIL), SUGAR, MODIFIED CORNSTARCH, SPICES, ROASTED GARLIC, WHEAT GLUTEN, TOASTED SESAME OIL, DRIED ONION, MALTODEXTRIN, NATURAL FLAVOUR, DISODIUM INOSINATE, DISODIUM GUANYLATE, DRIED WHOLE EGG, CORNSTARCH. FRIED IN VEGETABLE OIL (SOYBEAN AND/OR COTTONSEED AND/OR CORN AND/OR CANOLA OIL).

Cooking Method	Temp	Time	Instructions
Conventional Oven	425 °F	25-26 MIN	Prepare from frozen state
Conventional Oven	425 °F	17-18 MINUTES	Prepare from thawed state
Convection Oven	350 °F	18-19 MINUTES	Prepare from frozen state
Convection Oven	350 °F	10-11 MINUTES	Prepare from thawed state
Deep Fry	350 °F	4-4.5 MINUTES	Prepare from thawed state
Deep Fry	350 °F	8-9 MINUTES	Prepare from frozen state
Microwave		1 MIN 15 SEC	Prepare from frozen state
Microwave		35 SEC	Prepare from thawed state

SHIPPING INFO / SHELF LIFE:

SHIPPING INFO:

GTIN (Case):	00035367690397
Gross Weight:	15.00
Net Weight:	13.50
Each Weight:	3.00
Cube:	0.53
Dimensions (LxWxH):	11.5 x 9.25 x 8.63
Cases/Pallet:	119
Tie:	17
High:	7
SHELF LIFE:	365

ALLERGENS:

Contains Eggs or its Derivatives, Wheat or its Derivatives,



Karen Wilder

Karen Wilder, RD, MPH, LD
 Sr Director, Scientific & Regulatory Affairs

NUTRITION INFORMATION:

Serving Size:	1 egg roll (85g)	-
Serving Size (grams):	85	-
Serving Size (weight oz):	3	-
Eaches/Case:	72	-
Inner Packs/Case:	6	-
Servings/Case:	72	-
Calories:	130	-
Calories From Fat:	40	-
Calories From Saturated Fat:	10	-
Total Fat:	4.5	6%
Saturated Fat:	1	5%
Trans Fat:	0	-
Cholesterol:	0	0%
Sodium:	450	19%
Potassium:	198	4%
Total Carbohydrate:	20	7%
Total Dietary Fiber:	2	6%
Sugars:	3	-
Protein:	3	-
Vitamin A:	73	8%
Vitamin C:	7	8%
Calcium:	35	2%
Iron:	1.1	6%
Whole Grain:	0	0%

* Percent Daily Values are based on a 2,000 calorie diet.

